

North Carolina Department of Health and Human Services Division of Mental Health, Developmental Disabilities and Substance Abuse Services

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Michael F. Easley, Governor Dempsey Benton, Secretary

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To: Legislative Oversight Committee Members

Commission for MH/DD/SAS

Consumer/Family Advisory Committee Chairs State Consumer Family Advisory Committee Chairs

Advocacy Organizations and Groups

North Carolina Association of County Commissioners

County Managers
County Board Chairs

North Carolina Council of Community Programs

NC Association of Directors of DSS

From: Leza Wainwright

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Re: Communication Bulletin #094

DMH/DD/SAS Consumer Handbook

State Facility Directors
Area Program Directors
Area Program Board Chairs
DHHS Division Directors
Provider Organizations

MH/DD/SAS Professional Organizations and Groups MH/DD/SAS Stakeholder Organizations and Groups

Other MH/DD/SAS Stakeholders



One of the goals identified in the Division's *State Strategic Plan: 2007-2010* is to provide helpful and easy-to-understand information about the service system. The *Consumer Handbook*, was developed to help guide and assist individuals seeking services and supports from the public mental health, developmental disabilities and substance abuse service system. It includes information about how to access services, person-centered planning, crisis services, rights and responsibilities of consumers, and helpful contacts and resources. I am grateful to the State Consumer and Family Advisory Committee for their review and input into the design and content of the Handbook. The final product has been much improved through their involvement.

This handbook is available via the Division website at

http://www.ncdhhs.gov/mhddsas/announce/2008/consumerhandbook-0608.pdf. Both a Spanish language translation and a large print version of this handbook will be forthcoming in the near future.

All Local Management Entities (LMEs) and providers are required to make printed versions of the *Consumer Handbook* available to consumers, family members and the general public. This handbook is in PDF format which can easily be printed and distributed locally to ensure that all consumers receive this information. Please note that a contact list is included to add your local information. Additionally, this handbook or a link to the handbook on the DMH/DD/SAS website should be posted on LME and provider websites. We encourage LMEs and providers to develop separate consumer education materials with information more specific to the services available in their area.

Thank you for your support and cooperation in making this valuable resource available to the public. If you have any questions about the information included in this handbook, please contact the Customer Service and Community Rights Team at (919) 715-3197 or e-mail at dmh.advocacy@ncmail.net

cc: Secretary Dempsey Benton Wayne Willi Dan Stewart Rich Slipsky

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